

Manchester Day Time Provision **Fact sheet**

We would like to welcome you to Manchester Day Time Provision for Learning Disabilities, Physical Disabilities and Older People.

Day Time Provision offer a flexible and responsive range of services at sites across the city providing day support to over 300 people with a learning disability.

The service is provided for people who are aged from 18 onwards and have been referred to the service after receiving a community care assessment.

Day Time Provision aims to support people with a range of needs, providing the service in the most appropriate site closest to where people live.

Services are currently provided from the following bases:

- Oakwood Resource Centre (Learning Disabilities)
- Wythenshawe Park (Learning Disabilities)
- Buckthorn House (Learning Disabilities)
- Hall Lane Resource Centre (Learning Disabilities and Older Peoples)
- Northfield Resource Centre (Learning Disabilities)
- Abraham Moss (Learning Disabilities)
- Tabberner House (Learning Disabilities)
- Elizabeth Gaskell (Learning Disabilities)
- Barrington Street (Learning Disabilities)
- Chapman Place (Learning Disabilities)
- The LEAF Centre (Physical Disabilities)
- Minehead Resource Centre (Older Peoples)
- Eric Hobin (Older Peoples)
- Openshaw Resource Centre (Older Peoples)

How do I get a service

To receive a day service in Manchester you need to speak to your Care Manager. They will arrange for you to have an assessment and see if we can help you.

What can you offer me

The way we provide day services is changing in line with what the government rules have said.

We have day centres which are open five days a week at the moment and they provide many and varied activities. The government says that we have to be more person centred. That means putting our customers first by asking what they want. The government also says people should spend more time mixing with others in their community. We are working closely with colleges, leisure and community services and others (including employers) to help customers develop skills and achieve their goals.

The day centres and outreach bases have staff that can help you decide what activities you want to do. You can then take part in activities based at the centres or you can join in with things in your own community. This could be going to college, doing voluntary work, horticultural activities, or enjoying sports and arts.

Using the day centre would mean, for example, coming into the centre for certain activities, then attending a college course for a day or doing a leisure activity with a friend or volunteer.

Whatever you choose to do you will have support to help you plan your activities.

We recognise that day care provides much needed respite for families and carers and we wish to continue supporting such people. We are currently creating new opportunities in our day services to assist people to develop wider interests and seek new opportunities in areas such as education and employment. This means changing the way we provide our day services to enable people to become more independent and involved in community based activities such as college courses, leisure facilities and opportunities for gaining employment experience.

Vocational projects

Day Services support a range of community based vocational projects, which help you develop and maintain new and existing skills as well as realising your personal aspirations.

Day Services can also put you in touch with people who can talk to you about training and work.

What activities can you offer me?

We offer a wide and varied range of activities, we are also open to new ideas both in the centres and out in the community, below are some examples of what you might find available throughout the centres. All activities are risk assessed prior to involvement; this is to ensure peoples support needs are identified.

- Support to independence (i.e. cooking, personal care, independent living skills),
- Swimming,
- Gym,
- Library visits,
- Art and drama,
- Self advocacy groups,
- College courses,
- Gardening,
- Shopping skills,
- Community visits,
- Computers,
- Bowling,
- Walks
- Music sessions,
- Beautician sessions,
- Local history group
- Wheel for all
- Rebound Therapy (trampoline)
- Hydrotherapy
- Sensory
- Table top games,
- Keep fit,
- Massage,
- Aromatherapy,
- Bingo,
- Sensory food tasting,
- Karaoke,
- Personal presentation,
- Flower arranging,
- Table top games,
- Photography.
- Visit to local pubs
- Pool/Snooker
- Tia Chi
- Current affairs group
- Reminiscence group
- Showtime
- Jabadao
- Communication Group

Customer committee groups

Service members take an active role in identifying what people want through the user group. They help make decisions about services that are offered and form an important part of the service.

Opening hours

The service currently operates from Monday to Friday between 9am and 4.30pm, only closing for bank and statutory holidays. However, we can be flexible about the hours of opening.

What will it cost me

There is a charge per day. Other costs depend on what activities you decide to do. This can be discussed with your Care Manager.

Meals

Midday meals with a charge are provided at some of the day centres but not all, hot and cold drinks are available free throughout the day. Dietary needs are catered for whenever possible or you can bring your own lunch and have the use of the canteen facility if you choose.

Transport

We have limited use of local minibuses of which there is a charge to transport people who use the service to and from their homes and to community activities. This is a much sought-after resource and wherever possible, people who use the service are encouraged to use public transport, private or voluntary vehicles or their mobility car.

Staff Training

All staff are required to attend Mandatory training which is ongoing throughout their employment which includes refresher courses, each staff member is also trained to NVQ Level 2 to 4, depending

on their grade, and all are required to completed all the Mandatory Training that is required for their roles.

Contract

Each new person starting day services will be given a contract; this will explain our responsibility to you and your responsibility to us. The contract will also explain your hours of attendance and the cost to you. It will explain the days you will attend and for how long you will spend with us each day. You your family/carers will along with us sign this contract, which will state that we all agree to what has been decided together.

Person Centred Planning

Everyone attending day services is offered a Better Day Plan, this is to help inform staff of your likes and dislikes, what's working and not working for you, what's important to you and what support you will need while at the centre, the plan also includes your goals and aspirations.

We look forward to meeting you and your family/carers. We hope you enjoy your time within Day Services, if you have any further questions please do not hesitate to contact your Care Manager.